

**PREMIER PAIN CARE PA**  
Carlos J Garcia MD  
2435 W. Oak Street # 103 Denton, TX 76201  
Phone 940-323-9404 Fax 940-323-9422

**PATIENT REGISTRATION**

Last Name \_\_\_\_\_ First Name \_\_\_\_\_ MI \_\_\_\_\_  
Mailing Address \_\_\_\_\_ City \_\_\_\_\_ Zip code \_\_\_\_\_  
Home Phone # \_\_\_\_\_ Cell Phone # \_\_\_\_\_  
Date of Birth \_\_\_\_\_ Social Security Number \_\_\_\_\_ M F  
Single Married Widowed Separated Divorced Referring Physician \_\_\_\_\_  
Employer \_\_\_\_\_ Work # \_\_\_\_\_

Primary Insurance \_\_\_\_\_ (Please bring insurance card to be copied)  
Name of Insured \_\_\_\_\_ Social Security Number \_\_\_\_\_  
Date of Birth \_\_\_\_\_ Relationship to Insured \_\_\_\_\_  
Employer \_\_\_\_\_ Work# \_\_\_\_\_

Secondary Insurance \_\_\_\_\_ (Please bring insurance card to be copied)  
Name of Insured \_\_\_\_\_ Social Security Number \_\_\_\_\_  
Date of Birth \_\_\_\_\_ Relationship to Insured \_\_\_\_\_  
Employer \_\_\_\_\_ Work# \_\_\_\_\_

EMERGENCY CONTACT \_\_\_\_\_ Phone # \_\_\_\_\_

**THIS IS A WORK RELATED INJURY** \_\_\_ **THIS IS NOT A WORK RELATED INJURY** \_\_\_  
**It will be filed as workman's compensation.** **It will not be filed as workman's compensation.**

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**ASSIGNMENT OF INSURANCE BENEFITS**

I hereby authorize release of medical information necessary to file a claim with my insurance company and assign benefits otherwise payable to me to **Premier Pain Care PA, Carlos J Garcia MD**. I understand that I am financially responsible for any balance not covered by my insurance carrier. A copy of this signature is as valid as the original.

\_\_\_\_\_  
Signature of Patient or Guardian

\_\_\_\_\_  
Date

**Premier Pain Care, PA**  
**PATIENT AUTHORIZATION & CONSENT**

Premier Pain Care is committed to fulfilling all the requirements of the Health Insurance Portability and Accountability Act (HIPAA) of 1996.

Section A: AUTHORIZATION

Must be completed for all authorizations. The patient or the patient's representative must read and initial the following statements:

1. I authorize Premier Pain Care to release any of my medical or insurance information necessary to process my medical claims and coordinate or manage my health care. **Initials:** \_\_\_\_\_
2. I understand that I may revoke this authorization any time by notifying Premier Pain Care in writing. But, if I do revoke this authorization, my revocation will not have an effect on any actions Premier Pain Care took before they received my revocation. **Initials:** \_\_\_\_\_

You may revoke this authorization by signing a Revocation Authorization form and returning it to Premier Pain Care. To request a Revocation Authorization form, you may ask the reception desk or contact our office at: Privacy Contact, Premier Pain Care, 2435 W. Oak, Suite 103 Denton, TX 76201, (940) 323-9404.

3. Premier Pain Care will not base condition for treatment or payment for health care services on your completing and signing this authorization. **Initials:** \_\_\_\_\_

For additional information regarding disclosures of uses of my health information, I acknowledge I may obtain a copy of Premier Pain Care "Notice of Privacy Practices" at any time from the reception desk or by contacting the above business office.

**Initials:** \_\_\_\_\_

Section B: CONSENT

In the event a family member or care giver attends my office visit and is in the exam room at the time of evaluation and/or treatment, I give Premier Pain Care and it's physicians or employees my permission to discuss freely my condition, treatment, diagnosis or insurance/payments issues with that person. **Initials:** \_\_\_\_\_

May we leave a message on your HOME Phone: (provide #) \_\_\_\_\_  YES  NO

May we leave a message on your WORK Phone: (provide #) \_\_\_\_\_  YES  NO

May we leave a message on your CELL Phone: (provide #) \_\_\_\_\_  YES  NO

May we leave a message on your PAGER (if applicable) \_\_\_\_\_  YES  NO

May we leave a message at one of the numbers listed above about appointments with this office?  YES  NO

We address our patients by name in our office and reception area. If you do not wish us to do please note here. \_\_\_\_\_

With whom may we discuss or release information about your care, treatment, or diagnosis?

\_\_\_\_\_ Relationship \_\_\_\_\_

\_\_\_\_\_ Relationship \_\_\_\_\_

Print Name \_\_\_\_\_ Signature \_\_\_\_\_ Date \_\_\_\_\_

# **Premier Pain Care, P.A.**

## **Pain Management History**

Name \_\_\_\_\_ Age \_\_\_\_\_  
Marital Status \_\_\_\_\_ Place of Residence \_\_\_\_\_  
Occupation \_\_\_\_\_ Phone Number \_\_\_\_\_  
Referring Doctor \_\_\_\_\_ Primary Care Doctor \_\_\_\_\_  
Date \_\_\_\_\_

### **Current Pain Problem**

1. Date of onset of pain: \_\_\_\_\_  
Date of diagnosis: \_\_\_\_\_
2. Under what circumstances did the pain begin: Work accident \_\_\_\_\_  
Home accident \_\_\_\_\_ Auto accident \_\_\_\_\_ After surgery \_\_\_\_\_  
Describe briefly \_\_\_\_\_
3. In what part of the body is the pain localized? Describe \_\_\_\_\_  
\_\_\_\_\_
4. Describe your pain. The following words may help you. Aching [ ] Throbbing [ ]  
Stabbing [ ] Shooting [ ] Burning [ ] Penetrating [ ] Sharp [ ] Numb [ ]  
Tingling [ ] Constant [ ] Intermittent [ ]
5. Intensity of the pain: Mild \_\_\_\_\_ Moderate \_\_\_\_\_ Severe \_\_\_\_\_ Excruciating \_\_\_\_\_
6. What makes the pain worse? \_\_\_\_\_  
Sitting \_\_\_\_\_ Standing \_\_\_\_\_ Walking \_\_\_\_\_ Coughing \_\_\_\_\_ Bending over \_\_\_\_\_  
Exercise \_\_\_\_\_ Lying on your back \_\_\_\_\_ Lifting \_\_\_\_\_ Deep breathing \_\_\_\_\_
7. What eases the pain? (Massage, rest, medication, etc.) \_\_\_\_\_  
\_\_\_\_\_
8. If you take any pain medication, describe the effect:  
I do not take pain medications \_\_\_\_\_ It does not help \_\_\_\_\_  
How long does the pain relief last? (Hours) \_\_\_\_\_  
How many times a day do you take it? \_\_\_\_\_  
In the last two weeks, are you taking: more \_\_\_\_\_ same \_\_\_\_\_ less \_\_\_\_\_ pain  
medications?
9. Has the pain caused depression or other emotional problems? \_\_\_\_\_  
If so, have you sought medical care?
10. Has the pain affected your ability to work? \_\_\_\_\_ For how long? \_\_\_\_\_
11. Does the pain interfere with your sleep? \_\_\_\_\_
12. Has the pain affected your ability to enjoy life, personal relationships, other? \_\_\_\_\_  
\_\_\_\_\_
13. In the last 24 hours, how much relief has treatments and medications provided?  
0% 10% 20% 30% 40% 50% 60% 70% 80% 90% 100

In the last 24 hours how would you rate your average pain?

**Pain Level** – 0 1 2 3 4 5 6 7 8 9 10

In the last 24 hours how would you rate your worst pain?

**Pain Level** – 0 1 2 3 4 5 6 7 8 9 10

In the last 24 hours how would you rate your least pain?

**Pain Level** – 0 1 2 3 4 5 6 7 8 9 10

14. Describe any previous treatment for your pain:

<u>Treatment</u>	<u>Location</u>	<u>Date</u>	<u>Response</u>
Physical Therapy	_____	_____	_____
Work Hardening	_____	_____	_____
Pain Program	_____	_____	_____
Injections/ Nerve blocks	_____	_____	_____
Others (Surgery, TENS, Acupuncture, Chiropractor, Biofeedback)	_____	_____	_____

15. What is your current occupation or last job? \_\_\_\_\_
16. If not working currently, when did you work last? \_\_\_\_\_
17. What prevents you from returning to work? \_\_\_\_\_
18. Do you receive compensation or disability payments? \_\_\_\_\_  
Do you have an application for compensation or disability payments? \_\_\_\_\_
19. Are you in active litigation because of pain or injury? \_\_\_\_\_
20. Do you enjoy your work? \_\_\_\_\_
21. Last grade completed? (High school, College, Masters, Professional) \_\_\_\_\_
22. Are you R or L handed? \_\_\_\_\_

## PAST MEDICAL HISTORY

1. Please **circle** any of the following illness, which you have or had in the past:

High Blood Pressure	Stomach Ulcer	Asthma
Angina	Gallbladder Disease	Tuberculosis
Heart Attack	Colon Disorder	Gout
Heart Murmur	Heart Surgery	Cancer
Hepatitis	Rheumatoid Arthritis	Diabetes Mellitus
Osteoarthritis	Vascular Disease	Thyroid Disease
Kidney Disease	Anemia	Glaucoma
Bleeding Disorder	Seizures	Drug abuse
Recent weight loss	Change in bladder or bowel habits	
Depression	Other _____	
Chronic Pain Syndrome		

2. Please list all recent hospitalizations and all surgeries:

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4. List Medications you are taking now:

Medication	Dose	Frequency (Times a day)	Medication	Dose	Frequency (Times a day)

5. List medications to which you are **allergic**:

<u>Medication</u>	<u>Type of reaction</u> (rash, itching, swelling, etc)
_____	_____
_____	_____
_____	_____
_____	_____

### FAMILY HISTORY

**Circle** condition and describe as follow (**F**-father, **M**-mother, **S**-sibling **GF**-grandfather, **GM**-grandmother, **O**-other)

High blood pressure _____	Heart attack _____
Diabetes _____	Cancer _____
Bleeding disorder _____	Seizures _____
Neurological Disorders _____	Chronic Pain _____
Problems with anesthesia _____	Depression _____
Other _____	

### SOCIAL HISTORY

- Do you drink **alcoholic beverages**: Yes \_\_\_ No \_\_\_  
If yes, what type and on the average, how much per week:  
\_\_\_\_\_
- Smoking habits**: No \_\_\_ Yes \_\_\_ Past \_\_\_  
If yes, who much do you smoke and for how long: \_\_\_\_\_
- History of substance abuse? Yes \_\_\_ No \_\_\_  
History of Drug Detoxification Program? Yes \_\_\_ No \_\_\_  
**Explain** \_\_\_\_\_

Name \_\_\_\_\_

Date \_\_\_\_\_

**MEDICATION EVALUATION :( Complete only if taking medication at this time for pain)**

Is your medication effective in decreasing your pain?  yes  no

If yes, to what degree?  significant  moderate  minimal

If no, why do you think is not effective?  not strong enough  short relief  no relief

Are you experiencing side effects?  yes  no (circle below)

Nausea, headaches, dizziness, nightmares, loss of balance, unable to think properly,

Fluid retention, constipation, depression, sexual dysfunction, itching, morning-

hangover, other \_\_\_\_\_

Are you currently obtaining any pain medications from a different provider?  yes  no

Are you currently taking any herbal supplements/vitamins/other natural products?  yes  no

If yes, describe \_\_\_\_\_

Have you been informed of the benefits, alternatives, risks and side effects of narcotic pain relievers?

yes  no

Have you been to the Emergency Room for pain control?  yes  no

If yes, explain \_\_\_\_\_

Have you been informed that taking an illicit drugs or alcohol along with pain medications can be potentially

lethal and harmful?  yes  no

**PSYCHOLOGICAL EVALUATION :**

**1. Are you sad more days than not?**  Yes  No

- In past weeks, have you had difficulty concentrating, thinking, or making decisions?

Yes  No

- Are you experiencing a lack of interests in activities that you used to enjoy?

Yes  No

- Do you feel as if you're progressively losing energy, or becoming more restless in performing your daily activities?

Yes  No

**If yes to any question, proceed to question 2.**

**2. Would you describe yourself as depressed?**

Yes  No

- Do you have feelings of worthlessness or hopelessness on a regular basis?

Yes  No

- Do you often experience unprecedented feelings of guilt?

Yes  No

- Have you recently had an unplanned weight gain or loss?

Yes  No

- Have you recently had trouble sleeping, or sleeping too much?

Yes  No

- Do you feel that you can't shake the blues, even with the help of family and friends?

Yes  No

**If yes to any questions, proceed to question 3.**

**3. Have you thought about suicide?**

Yes  No

- Do you sometimes feel that life isn't worth living? or people will be better off without you?

Yes  No

- Have you engaged purposely in reckless behavior, or thought about hurting yourself?

Yes  No

- Have you ever attempted suicide?

Yes  No

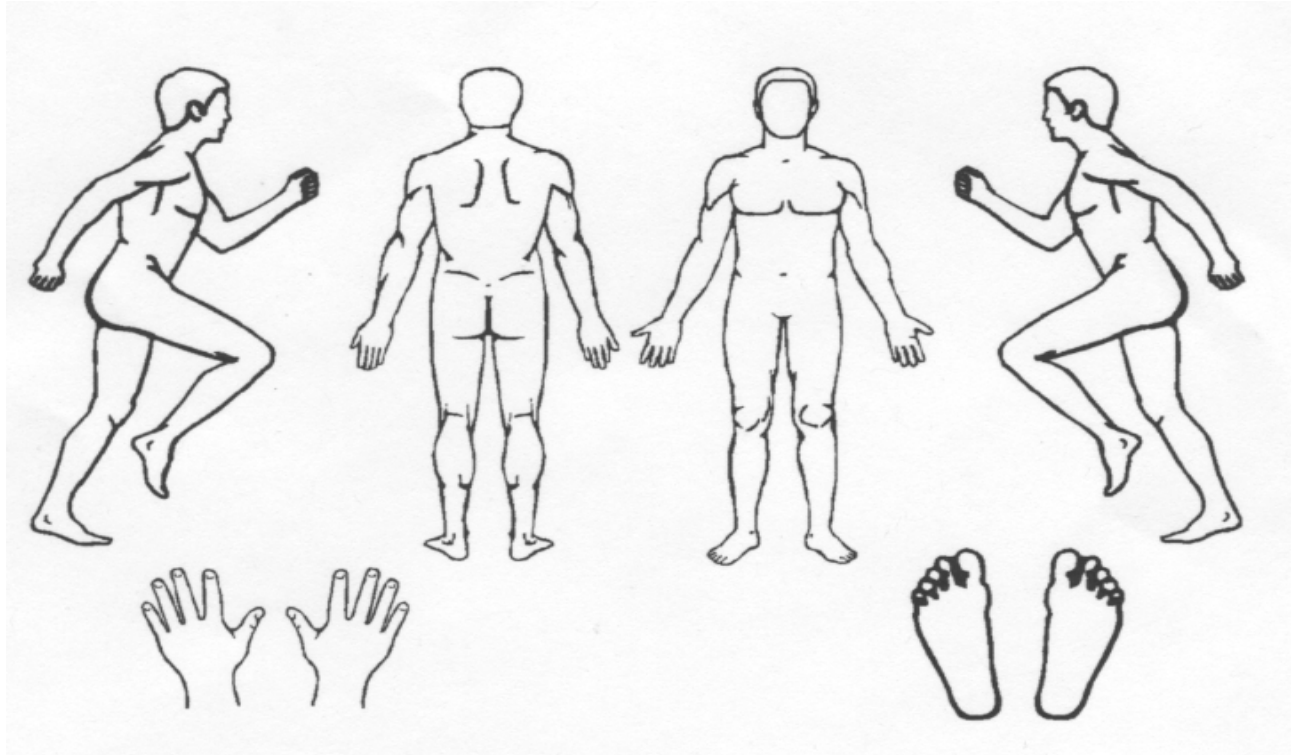
If yes to any questions, do you have a plan?

Yes  No

Name: \_\_\_\_\_

Date: \_\_\_\_\_

**Please mark painful areas with an X.**



**REVIEW OF SYSTEMS** (Please answer the following below with N- for No and Y- for Yes. If yes circle all that apply)

**General** - Recent weight loss, fever, too drowsy?

**ENT** - Ringing in ears, frequent nose bleeds, eye or ear infection?

**GU** - Blood in urine, urine infection, painful urination, flank pain?

**GI** -Nausea, vomiting, loss of appetite, constipation, bowel control, black stools, blood in stools, stomach pain or burning?

**Heart**- Chest pain, shortness of breath, fluttering of heart?

**Neurological** - dizziness, fainting spells, black out spell?

**Psyche** - depressed, angry, can't sleep, worry, unhappy? Thought of harming yourself?

**Blood** - bleeding problems, are you on a blood thinners , aspirin, plavix, others?

**Lungs**- Wheezing, cough, asthma?

**Recent Emergency Room visits for pain management?**